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KEY EVENTS

LEATHER CRAFTING WORKSHOP

26th March 2021

IN-PERSON GRADUATION CEREMONY (CLASS OF 2020)

17th April 2021

VIRTUAL GRADUATION CEREMONY (CLASS OF 2021)

29th May 2021

CLASS OF 2011 10TH YEAR REUNION

19th June 2021

HEALTH & WEALTH SERIES

April - August 2021

GATHERINGS WITH NEWLY MATCHED ALUMNI



GRADUATION CEREMONIES

CLASS OF 2020 GRADUATION CEREMONY (IN PERSON)



CLASS OF 2021 GRADUATION CEREMONY (VIRTUAL)



NEWLY MATCHED ALUMNI

CONGRATULATIONS ON YOUR MATCHES!

NATIONAL HEALTHCARE GROUP

NHG Family Medicine Dr Chua Teck Beng (Class of 2019)

NHG Psychiatry Dr Haikel Lim (Class of 2020)

NATIONAL UNIVERSITY HEALTH SYSTEM

NUHS Anaesthesiology Dr Zach Tan (Class of 2019)

NUHS Family Medicine Dr Nicola Lew (Class of 2020) Dr Alice Lo (Class of 2020)

NUHS Internal Medicine Dr Lawrence Law (Class of 2015)

SINGAPORE HEALTH SERVICES

SHS SIP Neurosurgery Dr Feng Tingting (Class of 2016)

SHS Anaesthesiology

Dr Daryl Tan (Class of 2018)

SHS Diagnostic Radiology

Dr Benjamin Kuo (Class of 2018) Dr Ni Wenwen (Class of 2018) Dr Samatha Tan (Class of 2019) Dr Justin Hsieh (Class of 2020)

SHS Family Medicine

Dr Edlyn Tan (Class of 2018) Dr Dominic Chia (Class of 2020) Dr Sean Chua (Class of 2020) Dr Lee Li Wen (Class of 2020) Dr Adrian Ng (Class of 2020) NUHS Preventive Medicine Dr Lee Jun Jie (Class of 2020) Dr Lim Gim Hui (Class of 2020) NUHS SIP Hand Surgery

Dr Heng Shu Yun (Class of 2019)

SHS Internal Medicine

Dr Huang Xinxin (Class of 2019) Dr Jasmin Koh (Class of 2019) Dr Gerald Liew (Class of 2019) Dr Aaron Tan (Class of 2019) Dr Kendra Tang (Class of 2019) Dr Koh Tracy (Class of 2020) Dr Kwan Yu Heng (Class of 2020) Dr Kwek Swee Sen (Class of 2020) Dr Meredith Tan (Class of 2020) Dr Mohamad Fadhli (Class of 2020)

SHS Ophthalmology Dr Debra Quek (Class of 2018)

SHS Paediatric Medicine

Dr Amelia Koe (Class of 2018) Dr Tan Bobby (Class of 2018)

SHS Pathology

Dr Alfonso Tan (Class of 2019)



Class of 2011 10th Year Reunion

Back in the year 2011, the inaugural Class of 2011 graduated and now, in the year 2021, Duke-NUS marked the momentous event with a 10th Year Reunion celebration (a virtual zoom experience spanning the globe) on 19th June. Drs Rena Dharmawan, Shan Koh Bundgaard, Chia Ghim Song and Lim Kheng Choon from the Class of 2011 joined the department of Alumni Relations as Reunion Co-Chairs to plan the event and engage their classmates. Invited guests included the Class of 2011 alumni, their families and key faculty members who impacted the class and the founding of the school.

COVID-19 restrictions necessitated that the event be held virtually, which meant that faculty and alumni outside of Singapore were able to join in. Former Dean Prof Ranga Krishnan zoomed in from Rush Medical College in Chicago, co-creator of TeamLEAD Prof Doyle Graham joined from North Carolina and former Student Affairs Dean Prof Craig Stenberg participated from Arizona with his wife. Locally, we were honoured to have Dr Janil Puthucheary present to join the other local founders such as Mr Tony Chew, Prof Soo Khee Chee, Prof Pat Casey, Prof Robert Kamei, Prof Thiru, Prof Sandy Cook, Prof Lim Shih Hui and Prof Simon Ong. Both Mr and Mrs Tony Chew, who have been an integral source of support and motivation for alumni development, were also present. Joining the session too were core admin staff like Ms Goh Sok Hong from the former MERE department, who remains to this day a key personnel running the curriculum with great support `from the faculty members. It was heartwarming to see everyone reminiscing the good old days and catching up with one another.

After a warm welcome by Dr Dharmawan, Dean Thomas Coffman gave the opening address. Other programme highlights were a video collage created from historical photos collated from the Office of Education and some of the invited guests. The group enjoyed the quiz of trivia questions about the class and their student days in Duke-NUS.

The highlight of the reunion was the Reflections segment, moderated by Dr Tina Tan (Class of 2011), where alumni and faculty alike came together and spoke up about their shared experiences and growth in pioneering the Duke-NUS journey and forging its formative identity. Prof Ranga, Prof Soo, Prof Casey and Mr Chew shared memorable personal accounts of the obstacles the school faced well before the first class of students arrived on campus. The tone was one of shared achievement and the audience appreciated the passion and the importance of making Duke-NUS a reality. Little wonder that Prof Ranga especially led the sharing, having played a most instrumental role as the Dean, overcoming those challenges of setting up the school with founding faculty members and those memories were still vivid for him as he recounted the many stories. Alumni too shared their early memories with the school, including personal stories of the former campus (former School of Nursing block), TeamLEAD, the nascent colleges and the unique stresses a pioneering cohort faced. Alumni also reflected on what they valued in establishing the school's traditions and paving the way for future batches.



The department of Alumni Relations decided to spring a nice surprise for invited local members of the Class of 2011 with a goodie bag that included custom 'clicker' cookies and class T-shirts. A few alums echoed about the aptness of the clicker cookies, a fond and very vivid reminder of the many days inputting answers into the clickers in the classroom as part of the Team LEAD process. As compared to the 'clicker' cookie, the class T-shirt

serves as a more enduring reminder of the milestone we celebrated for the #pioneerclass of 2011.

Our recount of a wonderful evening would have ended here but we just had to write about an unexpected surprise late visit by Dr Doyle Graham to the closed zoom session! Almost everyone had left except a few alumni, staff and Dr Janil who was especially touched and happy to see his earlier team mate, two of the most famous faces of the founding faculty members. Dr Michelle Jong, Dr Janil's wife and former Duke-NUS core faculty and college master, also popped in to connect with Dr Graham and the alums. Dr Ee Tat Xin (Class of 2011) shared that hearing Dr Graham's southern accent and cadence brought him straight back to first year. It really warmed the heart to see and hear from those who made a difference a decade ago and who helped shape the growth of Duke-NUS over the years.

We are heartened that the pioneer Class of 2011 have achieved so much for themselves and have thrived in their careers and personal lives. The circle of leadership, faculty and support for the Class made a significant impact and continues to this day.

HEALTH & WEALTH SERIES



This year, from April to August, we collaborated with NUS BIZAlum office to run a Health & Wealth Series for alumni from both faculties.

The first part of our joint initiative was a five part **Positive Psychology series with Dr Mara McAdams**, conducted fortnightly, from April to June. Dr Mara introduced Positive Psychology as a tool to enhance wellbeing and resilience. Each session included a didactic lecture and a practice. The sessions were spread out to allow participants to use the practice in between sessions.

- Session 1: Why Positive Psychology? and Three Good Things Practice
- Session 2: What doesn't make you happy (but you think does) and Acts of Kindness Practice
- Session 3: Connecting to Purpose and Gratitude Practice
- Session 4: Signature Strengths and Social Connection Practice
- Session 5: Presence and Awe Practice

A WhatsApp group provided a place for participants to share their experiences with the practices. Feedback from the participants suggested that more alumni would benefit from such a series, that alumni learned a great deal, and some even wanted more time and sessions!

The second part of the Health and Wealth Series is the **Improve Your Financial Health programmes**, where invited alumni from NUS Business School shared their expertise on topics such as personal finance and investments. The first session "Understanding and improving your financial health" was by Mr Kenneth Lou (NUS BBA '17), the cofounder and CEO of Seedly, a fintech start-up which has grown to become Singapore's biggest personal finance community. The second session "Real Estate – Your Investment Strategy Matters" was a talk on real estate investment by Ms Julia Goh (NUS BBA '97), the Associate Division Director of Propnex Realty, who shared her extensive experience in a wide range of real estate transactions in private residential properties. A large number of Duke-NUS alumni tuned in for the sessions and gave feedback that they are very interested in such personal development workshops.

This is Duke-NUS Alumni Relations' first formal collaboration with another alumni group within NUS, and based on the alumni feedback we will look for more ways to share other such novel and relevant topics from the greater university to our alumni.



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LEATHER CRAFTING WORKSHOP On 26 March 2021, we organised a virtual leather-crafting workshop, where

On 26 March 2021, we organised a virtual leather-crafting workshop, where our alumni and their loved ones had a fun hour making a creative craft piece. Having experienced several other virtual events over the past year, we wanted to try something hands-on, and being able to put the end-products to good use after the event. We had overwhelming responses from our alumni for the leather-crafting workshop. The leather-crafting kits were delivered to the alumni's doorsteps. We kick-started the activity with learning fun facts about leather before getting on with making our own coin pouches and key fobs. They were unexpectedly very easy to make and we had fun personalising them according to our own preferences.



DUKE-NUS MEDICAL ALUMNI (DNMA) WELCOME TALK AND PGY1 PREP TALK

On 27 May 2021, we welcomed the Class of 2021 to Duke-NUS Medical Alumni and to their PGY1 journey. After an introduction on the benefits of DNMA membership, alumni privileges and engagements, we moved on to an extremely insightful sharing session by senior alumni. Our alumni, Drs June Yu and Dave Ng (Class of 2020), having nearly finished their PGY1 year, talked about their daily schedules and experiences, and takeaways from their respective postings. Up next, Dr Gwen Hwarng (Class of 2018) shared her perspective as a Medical Officer (MO) and gave some very useful tips for preparing for residency, such as keeping a lookout for potential referees (for writing letters of recommendations), keeping in touch with them and updating them throughout your HO journey, and making sure to perform your best when working with them. A big thank you again to June, Dave and Gwen for agreeing to this sharing session.

If you would like to share your experiences with the juniors, please reach out to us as we have more sessions planned for the future!



ALUMNI GATHERINGS

This year, we tried something new by letting our alumni know about the new matches according to their specialties. It was delightful to see a series of gatherings (with proper safe distancing measures in place) that followed. Here are some snapshots to remember these gatherings by!



3rd Session of "Improve Your Financial Health" series with NUS BIZAlum (August) Duke-NUS Medical Alumni (DNMA) Annual General Meeting

NUS Day of Service

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If you are interested in the aforementioned events or if you have ideas for future events, please contact us (<u>alumni@duke-nus.edu.sg</u>). We would love to support you and help make your ideas happen!

*Event names and details may be subjected to changes.