

Annex B: Potential interviewees: Members of Dementia & Co.

Dementia & Co. is a support network for raising dementia awareness and helping families navigate similar challenges. It aims to provide a safe space in every community run by people with dementia and their care partners.

They organise forums, tea dances and other outings to encourage Persons Living with Dementia (PLWDs) to share their experiences and build relationships.

The group has grown to over 300 families across ages, ethnicities and genders. Their tea dances have also expanded to community clubs, including in Kebun Baru, Woodlands, Marsiling and Buangkok.

S/N	Interviewee	Background
1	<p>Name: Chen Lan Fang Age: 59 years old Gender: Female Race: Chinese Languages spoken: English, conversational Mandarin</p> <p>Consent to being featured on: Print/ TV/ Radio/ Online</p> <p>Consent to photo appearing: Yes</p>	<p>"Police come, come! Find the person who wants to kill me!"</p> <p>For Madam Chen Lan Fong, it has been very tough and stressful, looking after her husband who has Alzheimer's disease. While Nai Li was diagnosed with the condition in 2020, his condition deteriorated in 2023 after a car accident.</p> <p>He developed hallucinations, thinking someone was trying to kill him. He would scream and shout, often late into the night and wee hours of the morning. Once, he punched his wife in the mouth and she bled profusely. Another time, he hit her leg with an aluminium pole that was used for hoisting the laundry.</p> <p>It was only when his medication was adjusted in 2025 that he became calmer. It also helped that Madam Chen discovered his love for music, creating opportunities for him to sing and dance so that he was happier and more relaxed.</p> <p>Madam Chen tries to remain positive. She brings him to</p>

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		<p>programmes where he can socialise and has changed her way of communicating with her husband.</p> <p>Lan Fang and Nai Li are being guided to host the tea dance at Marine Parade, together with two other members from Dementia & Co.</p>
2	<p>Name: Cindy Yeo (楊庆莉) Age: 53 years old Gender: Female Race: Chinese Languages spoken: English, Mandarin</p> <p>No photography/ videography</p>	<p>"Come stay with us." Miss Cindy Yeo's step-sister was diagnosed with frontal temporal dementia in 2022.</p> <p>Miss Yeo suspects that one of the contributing factors could be the stress that her sister faced, after falling for a scam in 2018. Her sister lost a lot of money, almost the cost of her house.</p> <p>Her step-sister had supported her and her brother since young and they remain very close. To better take care of her sister, she invited her to move in with them.</p> <p>She oversees her sister's daily activities, encourages her to type or hand-copy newspaper articles to keep her brain active. They also joined the Dementia & Co Peer Support Forum and both of them are training to facilitate a group on their own.</p> <p>While she sometimes feels burnt out and emotional at the toll, it has helped when she sees her step-sister manage her condition.</p>

S/N	Interviewee	Background
3	<p>Name: Babara (62 years old) and Belinda Seet (68 years old)</p> <p>Gender: Female</p> <p>Languages spoken: English, Mandarin</p> <p>Consent to being featured on: Print/TV/ Radio/Online</p> <p>Consent to photo appearing: Yes</p>	<p><i>“My mother was the life of the party, wherever she went.”</i></p> <p>Babara and Belinda Seet were the primary caregivers for their mother, Katherine, who had been diagnosed with Alzheimer's in 2011, until she passed on in August 2025.</p> <p>Belinda had given up her job to care for her mother full-time. Especially because the sisters are both counselling-trained, they were able to concur with each other about their mother's behaviour and share observations.</p> <p>When Katherine was first diagnosed, she underwent a bout of depression, but after she accepted her diagnosis, became incredibly sociable. When it came to their mother's needs, keeping her happy and well-cared for, Babara and Belinda shared the workload according to their strengths—Babara's specialty was planning and logistics ahead, and keeping her entertained and interested in artistic and social activities was Belinda's.</p> <p>After Katherine passed, the sisters continue to work for dementia advocacy and with Dementia & Co.</p>